









Safe Internal Cooking Temperatures

	Medium-Rare	Medium	Well Done
Beef, Veal, & Lamb (pieces & whole cuts) 	63°C	71°C	77°C
Pork (pieces & whole cuts) 		63°C	71°C
Ground Meat & Meat Mixtures (burgers, sausages, meatballs, meatloaf, casseroles)-beef, veal, lamb, & pork 		71°C	
Poultry (pieces)-chicken, duck, & turkey 		74°C	
Poultry (whole)-chicken, duck, & turkey 		74°C	85°C
Ground Meat & Meat Mixtures -poultry 		74°C	
Egg Dishes 		74°C	
Others (hotdogs, stuffings, & leftovers) 		74°C	

DISTRIBUTED BY: